

Walking through the 4 Processes in Motivational Interviewing with William Miller

Didactic Lecture with Live Skill Demonstration

17 December 2018, Hong Kong

Do not miss this direct learning opportunity from the Founder of MI!

The Founder of Motivational Interviewing Professor William Miller will come to Hong Kong again! This one-day workshop will be divided into 4 sessions. In each session, Professor Miller will focus on one process of the MI 4-Process Framework (Engage, Focus, Evoke, Plan) and deliver a didactic lecture on the key points, common challenges, as well as interviewing strategies and tips in that process, followed by a skill demonstration by him.

The workshop will be designed to suit those who are new to MI as well as those who want to refresh their knowledge and skills in MI.



Professor William Miller Founder of MI

About Motivational Interviewing

Motivational Interviewing (MI) is a person-centered counseling style developed by 2 Clinical Psychology Professors William Miller and Stephen Rollnick for addressing the common problem of ambivalence about change. It is an interviewing method, with particular attention to the client's language of change, designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the client's own reasons for change within an atmosphere of collaboration, acceptance and compassion.

Dr. Miller in 1983 first described this interviewing method he used to work with problem drinkers and motivate them to consider change. Since then, the understanding about MI had been increasing, through various applications and adaptations in different clinical areas, including addiction field (i.e., substance abuse, problem drinking, pathological gambling, smoking, etc.), healthcare services (i.e., diabetes management, dietary change, cardiovascular rehabilitation, etc.), mental health areas (i.e., anxiety and other emotional disorders, treatment adherence in schizophrenia, etc.), as well as in settings such as social work, education, correctional services, etc.

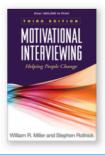
About CAMI

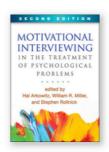
The Chinese Association of Motivational Interviewing Limited (CAMI) is the first association of Motivational Interviewing in Chinese societies. The mission of CAMI is to promote continuous development of Motivational Interviewing and, through it, the well-being of Chinese societies. CAMI aims to:

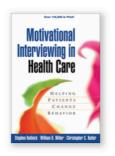
- advance education for and disseminate knowledge of Motivational Interviewing as a counseling approach in Chinese communities;
- facilitate exploration of possible application of Motivational Interviewing knowledge and skills in different populations and settings;
- educate and promote good practice in the use, research and training of Motivational Interviewing in Chinese cultures, languages, and contexts;
- develop and share culturally relevant Motivational Interviewing materials and tools;
- · support the continuing learning and skillfulness of its members through various communication channels;
- build connections with local or international bodies with shared interests in Motivational Interviewing.

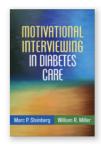
About Dr. William Miller

Dr. William R. Miller is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New Mexico, where he joined the faculty in 1976 after receiving his Ph.D. in clinical psychology from the University of Oregon. He served as Director of Clinical Training for UNM's APA-approved doctoral program in clinical psychology and as Co-Director of UNM's Center on Alcoholism, Substance Abuse and Addictions (CASAA). Dr. Miller's publications include 40 books and over 400 articles and chapters. Fundamentally interested in the psychology of change, he has focused in particular on the development, testing, and dissemination of behavioral treatments for addictions. He served as principal investigator for numerous research grants and contracts, founded a private practice group, and served as a consultant to many organizations including the United States Senate, the World Health Organization, the National Academy of Sciences, and the National Institutes of Health. In recognition of his research contributions, Dr. Miller is a recipient of the international Jellinek Memorial Award, two career achievement awards from the American Psychological Association, and an Innovators in Combating Substance Abuse award from the Robert Wood Johnson Foundation. He maintains an active interest in pastoral counseling and the integration of spirituality and psychology. The Institute for Scientific Information lists him as one of the world's most cited scientists.









17 December 2018, Hong Kong

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Date: 17 December 2018 (Monday)
Venue: Jockey Club Convention Hall,

G/F, Hong Kong Red Cross Headquarters,

19 Hoi Ting Road, West Kowloon,

Hong Kong

(MTR Olympic Station Exit D3, please visit www.redcross.org.hk for more transportation information)

Time: 9:00am – 5:00pm (Registration starts at 8:45am)

Language: English

Accreditation: Continuing Medical Education (CME), Continuing Nursing Education (CNE), Continuing Professional

Development (CPD) and Continuing Education (CE) will be applied from relevant Hong Kong colleges

and associations.

Enrollment Deadline: 10 December 2018 (Early Bird till 31 October 2018)

Enrollment Form

Enrollment Method Please send the completed enrollment form with a crossed cheque made payable to

"Chinese Association of Motivational Interviewing Limited" to:

Chinese Association of Motivational Interviewing Limited,

Unit 2305, Apec Plaza, 49 Hoi Yuen Road, Kwun Tong, Kowloon, Hong Kong

(Please fill in your name you wish to be printed on the certificate of attendance)		
Mr / Ms / Miss / Dr / Prof / (others)		

Category

	Early Bird Rate	Regular Rate
	(Deadline: 31 October 2018)	
Life / Full Member	\$1000	\$1200
Non-Member	\$1200	\$1400
Full-time Student (limited quota) * Student who is studying in a full-time mode, please send a copy of your student card as well for verification.	\$500	\$600

Enquiry <u>info@cami.hk</u>

Remarks:

- Result of application will be issued via email after both the application and the payment are received.
- Fee is non-refundable and non-transferable.
- · The Organizer reserves the right to decline application and alter the time, topics and rundown of the workshop without prior notice.
- Receipt of application fee will be issued on the day of workshop.
- Certificate of attendance will be issued upon completion of workshop.
- The personal data provided on this form is used for registration and administration purposes by the Chinese Association of Motivational Interviewing Limited (CAMI). CAMI would notify you of our latest training programs and activities with the use of your personal data if you do not have objection to our association doing so. If you have objection to our association sending promotional materials to you, please check the tick box as shown below:

 I do not want to receive promotional materials of training programs and activities provided by CAMI.